

"...Then neither do I condemn you,
go now and leave your life of sin." John 8:11

Lent Week Five

Fifth Sunday

LIGHT: 8 Tealights + Christ Candle

PRAY: Gracious God, have mercy on us when we follow paths that do not lead to life. Forgive us when we choose the way of bitterness, indifference, violence, or death. Have mercy on our troubled souls, and turn them around for the sake of Your creation Amen



EXTINGUISH: 6 Tealights

READ: John 8: 1-11

REFLECT: Now my soul is troubled. And what should I say, "God save me from this hour?" No, it is for this reason that I have come to this hour!

BLESS: May God bless you and keep you! May the radiant face of God shine upon you as you seek out and find what God is calling you to in this hour. Amen

Practice

As we journey towards the Easter season, we are offered the opportunity to renew our baptism.



Place a little bowl of water by the front or back door this week, and every time you enter and exit, dip your finger in the water and sprinkle some on your face, or draw a little heart on your forehead. Remember that you are blessed: "You are God's beloved!"

Activity

From the east and from the west, from the north and from the south, food is at the center of community in many cultures - and therefore a great way to introduce your family to customs and traditions different from your own.

This week, try three new dishes from a variety of cultures, and open your family's hearts and palates to the beauty of God's diversity.



Conversation Starters

- What's your earliest memory of becoming aware of bullying?
- Talk about a time when you or someone else said or did something unkind or with judgement. Did you interrupt it? Did you speak up? Why or why not?
- How can you practice forgiveness in your life?

