



"Destroy this sanctuary, and in three days I will raise it up." John 2:19

Lent Week Three

Third Sunday

LIGHT: 8 Tealights + Christ Candle (any large candle)
PRAY: Loving God, Let us be reminded that You are still tending the garden and help me to bear fruit today. Amen



EXTINGUISH: 4 Tealights
READ: John 2:13-25
REFLECT: Destroy this sanctuary, and in three days I will raise it up... But he was speaking of the sanctuary that was his body, and when Jesus rose from the dead, his disciples remembered.

BLESS: May God bless you and keep you! May He continue to work in and through you to bring light and life, love and peace to a broken world. Amen

Practice

Ideas for an act of kindness that you can show others this week

- Pick up rubbish around your school or neighbourhood
- Donate unused or outgrown clothing to a nearby charity
- Bake cookies and deliver them to a neighbour
- Let someone go in front of you in line at the store
- Set the table for dinner and clean up afterwards too
- Leave a happy note in a library book for someone to find later



Activity

From the east and from the west, from the north and from the south, food is at the center of community in many cultures - and therefore a great way to introduce your family to customs and traditions different from your own. This week, try three new dishes from a variety of cultures, and open your family's hearts and palates to the beauty of God's diversity.



Conversation Starters

- If you could change one thing in the world, what would you change?
- What's the biggest way you've changed over the years
- Jesus calls us to repent. How does that make you feel?
- Have you ever experienced the sacrament of Reconciliation? How did you feel afterwards?

